

# SOCIÉTÉ DE LA MÉDECINE RURALE DU CANADA SOCIETY OF RURAL PHYSICIANS OF CANADA

23<sup>RD</sup> ANNUAL RURAL AND REMOTE MEDICINE COURSE

23<sup>E</sup> COURS ANNUEL DE MÉDECINE EN RÉGIONS RURALES ET ÉLOIGNÉES

AVRIL / APRIL 9-11 2015 MONTRÉAL, QUÉBEC

*Innovation in Practice, Teaching and Research*

*Innovation en la pratique clinique, l'enseignement et la recherche*



## Objectives / objectifs

To provide a forum for the exchange of information between physicians and nurses in small communities as well as with their urban counterparts to whom they refer patients.

To provide a forum that will discuss issues, present initiatives and foster networks of collaboration between rural physicians and allied health care workers.

To provide practical information and the opportunity to develop skills for treatment and management of common clinical problems in the rural areas.

## Highlights / points saillants

- ▶ Traduction simultanée pour les plénières
- ▶ Over 250 workshops in a collegial peer-to-peer interactive learning environment
- ▶ Keynote speakers / conférenciers principaux  
Dr. Roberta Bondar, Médecins Sans Frontières, Dr. Dee Mangin, Dr. Danielle Martin, Dr. Cindy Blackstock, Dr. Tarek Razek and Dr. Fortunato Cristobal
- ▶ Based largely on small group sessions allowing you to interact with both speaker and each other
- ▶ Breakfast, breaks and lunch included
- ▶ 2nd World Summit on Rural Generalist Medicine
- ▶ Pre and post courses with registration priority given to conference attendees
- ▶ Free daycare

## The 2<sup>nd</sup> World Summit on Rural Generalist Medicine

April 8<sup>th</sup> and 9<sup>th</sup> Montréal

Moving Forward Together

[www.ruralgeneralismsummit.net](http://www.ruralgeneralismsummit.net)



*The Second World Summit on Rural Generalist Medicine is a follow-up to the first summit held in Cairns, Australia in 2013 and aims to strengthen healthcare systems in rural communities by promoting the practice of rural generalist medicine.*

## Highlights

- ▶ Generalism In Canada
- ▶ Meeting Community Needs – Working Together
- ▶ Cairns And Beyond
- ▶ Producing Rural Generalists
- ▶ Rural Proofing
- ▶ Training The Present and Future Generalist
- ▶ Teams To Meet Community Needs
- ▶ Research In Support of Generalism



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Streams Key	
Add-on course	1
Administrators	1
Advanced	1
Anaesthesia	1
Basic	1
Bilingual	+
Cardiology	1
Clinical	1
Collaborative	1
Committee	1
Dermatology	1
Diet/Nutrition	1

Education	1
Emergency	1
Faculty Development	1
French / Français	+
General Interest	1
Geriatrics	1
Hands-on	1
Indigenous	1
Internal Medicine	1
International	1
Leadership	1
Meeting	1
Nursing	1

Obs/Gyn	1
Oncology	1
Ophthalmology	1
Orthopaedics	1
Pediatrics	1
Pain Management	1
Palliative Care	1
Physician Wellness	1
Policy	1
Practice Management	1
Psych	1
Rural Critical Care	1
Research	1

Resident	1
Rural Specialists	1
Spousal	1
Student	1
Surgery	1
Technology	1
Transport	1
Travel	1
Ultrasound	1

Session Size	
Open Session	1
Workshop (15-50)	1
Small Group (<15)	1

Thursday April 9th

7:00 - 7:40	Breakfast And Registration
7:40 - 8:05	Welcome From Dr Gordon Brock, Course Director Rural And Remote 2015 Greetings From The CMA President, Dr Laurent Marquis
8:05 - 8:45	Médecins Sans Frontières/Doctors Without Borders Presentation (Dr. Langrand)
8:45 - 9:25	Doing Nothing, Well How Good Medicine Can Be Bad For Your Patients Health (And How To Avoid It) Deborah

9:35 - 10:45 Breakout Sessions

200	Airway Management - Basic (2 hrs) Part 1 Sarah Smith	1	1
201	Critical Care In The Rural (I) Tara Wilkinson	1	1
202	Telemedicine - Building Bridges, Improving Access, Saving Health Care Costs In Rural and Remote Communities Elizabeth Allen	1	1
203	How To Create A Senior Friendly Rural ED Lynn Hodge	1	1
204	Pulmonary Edema In Rural Areas: Doing The Most With What You Have (2 hrs) Part 1 John Howarth	1	1
205	Teaching and Evaluating In The Context of CanMEDs and The New Triple-C Curriculum Julie Bourque	1	1
206	Breaching The Great Divide: Using Complementary and Herbal Therapies In Daily Practice Sally Aron	1	1
207	Polypharmacy: Practical Approaches In Primary Care Dor Wajsb	1	1
208	Obstétrique	1	1
209	Wound Care In Rural and Remote Settings (Part 1) Wanda Hargreaves (LHSC)	1	1
210	Lipids: A Rational Primary Care Approach - Lipid Management For Primary Care Michael B. Allen & Michael Allen	1	1

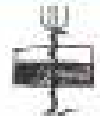
211	Recognizing and Treating Palliative Care Emergencies in the Rural Context Vivienne Carby	1	1
212	Mindfulness Based Therapy - A Great Tool To Calm Both You And Your Patients Lisa Weiss	1	1

10:45 - 11:00 Break  
11:00 - 12:10 Breakout Sessions

220	Airway Management - Basic (2 hrs) (continuation - see 200) Sarah Smith (part 2)	1	1
221	Beyond The Clinic Office Gynaecology Pearls Andrea Estroff	1	1
222	Doctor As Patient: A Different Perspective Alice Johnson	1	1
223	Resuscitation of The Pediatric Patient Wendy York	1	1
224	Pulmonary Edema In Rural Areas: Doing The Most With What You Have (continuation - see 204) John Howarth	1	1
225	Evaluation Using Field Notes Julie Bourque	1	1
226	Diagnosis And Treatment Of Osteoarthritis Christine Fortin	1	1
227	When You Are Sued - An Update From The Trenches	1	1
228	Gestion des catastrophes - Forces Armées Canadiennes	1	1
229	Advanced Wound Care In Rural and Remote Settings (continuation - see 209) Wanda Hargreaves	1	1
230	Pearls From Tools for Practice Jeopardy Edition Wendy York & Michael Allen	1	1
231	Medications To Relieve Suffering During The Last Few Weeks of Life Harriet Board	1	1
232	Self-managing Warbik: Kids Can Do It Maya Durrant	1	1

12:10 - 12:30 Break  
12:30 - 13:40 Breakout Sessions

240	Practical Airway Issues - The Basics Suzanne Galbraith	1	1
241	Management of Abnormal Uterine Bleeding Wendy York	1	1
242	Die Warfarin Self Management - The German Experience Alison Treble	1	1
243	Croup and Bronchiolitis Elizabeth Allen	1	1



**12:30 - 13:40 Breakout Sessions (continued)**

244	Trauma - What We All Think We Know About Statin Therapy May Not Be The Real Story <i>James Wright</i>	3:30	5
245	Disaster Management: Canadian Armed Forces <i>James Wright</i>	3:30	5
246	MSK Joint Injection <i>Christopher Proffitt</i>	3:30	5
247	What Keeps The Doctor Away? Enhancing Patient Safety In Rural And Remote Medicine <i>Scott DeWeger</i>	3:30	5
248	Section de la douleur <i>Scott DeWeger</i>	3:30	5
249	Rural and Remote Eye Emergencies (To be repeated see 209) <i>Wesley Hendry</i>	3:30	5
250	Best Evidence in Emergency Medicine- 808 Talk: Best of BEM <i>Sam Miller</i>	3:30	5
251	Enhancing Resilience <i>Alanna Gardner</i>	3:30	5
252	Managing Common Problems Without Common Lab Resources <i>Wesley Hendry &amp; Mark Whittle</i>	3:30	5

**13:40 - 14:30 Lunch**

**14:30 - 15:40 Breakout Sessions**

260	Practical Airway Issues - Advanced <i>James G. Collins</i>	3:30	5
261	Behavioral Economics And Birth <i>Maureen Wells</i>	3:30	5
262	Blood Gases <i>Maureen Wells</i>	3:30	5
263	Ultrasound - Introductory Session (2 hrs) Part 1 <i>Carrie Porter</i>	3:30	5
264	Trauma - What We All Think We Know About High Blood Pressure May Not Be True <i>James Wright</i>	3:30	5
265	Brief - Capacity Building For Research In Rural and Remote Canada <i>Paul McCleary &amp; Chris Boehme</i>	3:30	5
266	Multisite Retrospective Study Of Clostridium Difficile Infections <i>Leanne St. Pierre, Eric Dubois &amp; Kenneth Bar</i>	3:30	5
267	What Are The Medical/Legal Risks In Rural Emergency Medicine? <i>Paul Brindley</i>	3:30	5
268	Gastroentérite chez les enfants <i>Johnnie Wilson</i>	3:30	5
269	Rural and Remote Eye Emergencies (Repeat - see 249) <i>Wesley Hendry</i>	3:30	5
270	Medevacs: What You Need To Know To Manage Them Effectively In The Rural/Remote Practice <i>Sandra MacDonnell</i>	3:30	5
271	Ten Commandments of Doctor-Medicine - A Primer For Rural Physicians <i>Neil Scobie</i>	3:30	5
272	Kidney Disease <i>Sara MacDonnell</i>	3:30	5

**15:40 - 16:00 Break**

**16:00 - 17:10 Breakout Sessions**

280	Rural Sedation When It Goes Wrong <i>Helen Whittle</i>	3:30	5
281	Rural Midwives: Maintaining Low-Risk Obstetrics <i>Helen Whittle</i>	3:30	5
282	Indigenous Child & Youth Health in Canada <i>Ross Saylor</i>	3:30	5
283	Ultrasound - Introductory Session - Part 2 (continuation - see 263) <i>Carrie Porter</i>	3:30	5
284	Pain Management <i>Scott DeWeger</i>	3:30	5
285	Supporting Clinical Reasoning In Your Learners <i>Shelley Kettle</i>	3:30	5
286	Rural Critical Care Module - Suturing 101 - Some Practical First Steps (To be repeated see 600) <i>Maureen Wells</i>	3:30	5
287	Quality Assurance Taster: How To Make QA Fun <i>Geoffrey Brock</i>	3:30	5
288	The Extra Mile - A Theatrical Presentation <i>Geoffrey Brock</i>	3:30	5
289	Incorporation - The Right Choice For Your Practice? <i>Maureen Wells</i>	3:30	5
290	Challenges (i.e. Problems) In Rural Areas: Finding Innovative Solutions In 2015 - Health Hacking <i>Geoffrey Brock</i>	3:30	5
291	Mama, I'm Coming Home and Practicing Medicine In Your Own Home Town - The Rewards, Challenges and Pitfalls <i>Dawn Mitchell</i>	3:30	5

**17:10**

Closing Session - A Physician's Journey With Dr. Roberta Bondar <i>Roberta Bondar</i>	3:30	5
Challenges (i.e. Problems) In Rural Areas: Finding Innovative Solutions In 2015 - Health Hacking - After Hours <i>Geoffrey Brock</i>	3:30	5

**17:50 - 18:50**

Meet and Greet Reception

**20:30**

Jam Session  
Hockey Night At Rural And Remote

**Friday, April 10th**

**7:15 - 7:50**

Breakfast And Registration  
Student Networking Breakfast  
Special Networking Breakfast/Speech  
Rural Specialists Forum  
Administrator's Networking Breakfast

**7:50 - 8:00**

Housekeeping with Dr. Brock  
*Geoffrey Brock*

**8:00 - 8:40**

Delivering on the Promise of Medicare  
*David A. Martin*

**8:40 - 9:25**

Reconciliation: The Children's Version  
*Chris Alexander*

**9:35 - 10:45 Breakout Sessions**

400	Rural Critical Care Module - Introduction to Airway Management <i>Tyler O'Neill &amp; Bruce Croxall</i>	3:30	5
401	Rural Critical Care Module - Obstetrical Emergencies: Breech and Shoulder Dystocia (2 hrs) Part 1 <i>Brian Hutton-Croft</i>	3:30	5
402	Hepatitis C For Family/Rural Physicians <i>John Rees-Forsyth</i>	3:30	5
403	Pediatric Infections When There Is No Lab or X-ray <i>Trishara Ghoshal</i>	3:30	5
404	Tropics <i>Kevin Thruswell</i>	3:30	5
405	The Fundamentals Teaching Activities Framework: A Tool For Teacher's Professional Development (2 hrs) Part 1 <i>Alynn Walsh</i>	3:30	5
406	Comprehensive Fracture Care In Rural Setting (To be repeated see 426) Continuation Part 1 <i>Geoffrey Brock</i>	3:30	5
407	Blink or Think? Why We Make Mistakes <i>Hugh Harkin</i>	3:30	5
408	Utilisation la lampe à fente (2 hrs) partie 1 <i>Andre Fortin</i>	3:30	5
409	Hypoxic Ischemic Encephalopathy In Neonates: Let Cool Heads Prevail <i>Jeff Galloway</i>	3:30	5
410	X-Rays You Will Wish You Never Missed! (To be repeated see 430) <i>Mark Goss</i>	3:30	5
411	Serum Markers In The Acutely Ill <i>Neil Fortin</i>	3:30	5
412	Physician Leadership From A Rural Community: By Accident or Design? <i>Thomas Lister-Todds</i>	3:30	5
413	Civil Forensic Legal Issues For The Primary Care Physicians <i>Maureen Wells</i>	3:30	5
414	How To Assist With A C-Section (2 hrs) Part 1 <i>Wesley Hendry, Frederick Black &amp; Lee Goff</i>	3:30	5
415	Aboriginal Youth Engagement Strategies <i>Carrie Porter</i>	3:30	5

**10:45 - 11:00 Break**



### 11:00 - 12:10 Breakout Sessions

420	➔ Rural Critical Care Module - Advanced Airway Management Tara O'Hall & Andy Fox Langford	02	01
421	Rural Critical Care Module - Obstetrical Emergencies: Breech and Shoulder Dystocia (continuation - see 401) Peter Patten, Craplet	03	01
422	How To Reduce Common Joint Dislocations (To be repeated see 415) Scott Goring	03	01
423	The "Sick Kid" In The ED Alyssa Hayslett	03	01
424	CHP - Top 20 Tips To Improved Patient Care Karen Palombka	03	01
425	The Fundamental Teaching Activities Framework: A Tool For Teachers Professional Development (continuation - see 405) Allen Walsh	03	01
426	Comprehensive Fracture Care in Rural Setting (Report - see 406) Christopher Pickett	03	01
427	Less Is More Medicine Jenna Lutz	03	01
428	➔ Utilisation la lampe à fente (continuation - see 403) Anna Fischer	03	01
429	Panel Discussion: Continuity of Care - How To Achieve and Maintain In Truly Remote Communities Panel - Moderator: Don Kinn-Scott	03	01
430	X-Rays You Will Wish You Never Missed (Repeat - see 410) Mark Tait	03	01
431	Hockey Hazards - Concussions - Bodychecking - Fighting David Blair	03	01
432	Marketing Your Patient to A Distant Colleague: The Art of the Successful Transfer Doreen Mac, Member, Editors, Healthcare Division & Ken Miller	03	01
433	Mild Traumatic Brain Injury Shawn Hurlst	03	01
434	How To Avoid With A C-Section (continuation - see 414) Neil Scudder, Assistant Medical Director	03	01
438	Comparison of Rural Week/Discovery Week programs University of Manitoba and Western University Presentation and discussion Yvonne Foster	03	01

### 12:10

Society of Rural Physicians of Canada Annual General Meeting			
Survey - Meeting The Health Needs of Canadians - The Evolving Role of Physicians and The Medical Profession			
Research Poster Presentations			

### 12:30 - 13:30 Lunch

### 13:30 - 14:40 Breakout Sessions

440	You're Intubated - Now What? Curtis Parker	03	01
441	Contraception In Teens Caitie Doreau	03	01
442	The Occasional Disinterested Student Dan Brink	03	01
443	Dental Emergencies - You Want Me To Put My Fingers Where? Rob Ryan	03	01
444	"As The Clot Thickens" - A NOAC (Novel Anticoagulant) Update Bryan Palombka	03	01
445	How To Reduce Common Joint Dislocations (Report - see 422) Scott Goring	03	01
446	Rural Monitoring: How to do this Effectively Robert Deyoung	03	01
447	Aboriginal Cultures Connect and Communicate Doreen Kitz	03	01
448	➔ Être payé à la cheville: C'est faire partie d'un processus de guérison. Scott Goring	03	01

### 13:30 - 14:40 Breakout Sessions (continued)

449	Office Assessment of Your Concussed Patient David White	03	01
450	Slit Lamp Utilization (2 hrs) Part 1 Anna Fischer	03	01
451	Oncology For GPs - Part 1 of 3 - What is Cancer? b) Multiple Myeloma Alyssa Hayslett	03	01
452	Research Poster Session	03	01
453	Practical and Portable Computing in Medicine David Guly	03	01
457	Making Sault In Saskatchewan Thomas Foster	03	01

### 14:40 - 15:00 Break

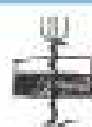
### 15:00 - 15:10 Breakout Sessions

460	Procedural Sedation - Principles & Practice (To be repeated see 690) Gavin Porter	03	01
461	Rural Critical Care Module - The Occasional Vaginal Delivery To be repeated Kate Miller & Rachel Le Devouer	03	01
462	Accessing The Endometrial Cavity: Endometrial Biopsy and IUD/MS Insertion Doreen Kitz	03	01
463	➔ Rural Critical Care Module - Chest Tubes (To be repeated see 481) John Houston & John Soble	03	01
464	Gambling - The Hidden Problem John Soble	03	01
465	Getting That First Paper Out and Published (2 hrs) Part 1 Skelton Gorybovsky & Peter Patten, Craplet	03	01
466	The Family Physician's Guide to Dialectical Behavior Therapy In Your Office Bryan Kuch	03	01
467	Choosing Wisely - Conversations About Unnecessary Tests, Treatments and Procedures Doreen Kitz	03	01
468	➔ Bradycardia Doreen Kitz	03	01
469	Tabletop Disaster Simulation Neil Scudder	03	01
470	Slit Lamp Utilization (continuation - see 450) Anna Fischer	03	01
471	Oncology For GPs - Part 2 of 3 - a) Prostate Cancer b) Ovarian/Uterine Cancer Alyssa Hayslett	03	01
472	Rural Residency Programs: Travel The Country In One Afternoon (2 hrs) Part 1 Scott Goring	03	01
473	Surgical Procedures Under Local Anaesthesia (2 hrs) Part 1 Lizbeth Duggan	03	01
477	Choices In Practice And Parenting Mary Anderson	03	01

### 16:10 - 16:30 Break

### 16:30 - 17:40 Breakout Sessions

480	The Airway Room Hall Alyssa Hayslett	03	01
481	Rural Critical Care Module - The Occasional Vaginal Delivery (Repeat - see 461) Alyssa Hayslett & Peter Patten, Craplet	03	01
482	Better Living Through Hormones Doreen Kitz	03	01
483	➔ Rural Critical Care Module - Chest Tubes (Repeat - see 463) John Soble & John Houston	03	01
484	Additions - Recognition In People Around You John Soble	03	01
485	Getting That First Paper Out and Published (continuation - see 465) Skelton Gorybovsky & Peter Patten, Craplet	03	01
486	Rural Emergency Medicine Needs Assessment Robert Deyoung & Scott Goring	03	01
487	EKG Interpretation - When The Patient Has A Pacemaker Gordon Black	03	01
488	➔ Guide du médecin de famille pour la thérapie comportementale dialectique dans votre bureau Bryan Kuch	03	01



18:30 - 17:40 Breakout Sessions (continued)			
489	Tabletop Disaster Simulation 2 (see location)	18:30	19:15
490	So. Medical Myths Your Doctor May Still Believe	18:30	19:15
491	Oncology For GPs-Part 3 of 3 a) Pancreas Cancer b) Stomach Cancer	18:30	19:15
492	Rural Residency Programs: Travel The Country In One Afternoon (continuation - see 472)	18:30	19:15
493	Surgical Procedures Under Local Anesthesia (continuation - see 473)	18:30	19:15
495	Rural Critical Care Module - Head Injuries	18:30	19:15
497	Evaluation Strategies - How Do We Measure Success In DMCF Just Because We Can Count It Does It Mean We Should Count It?	18:30	19:15

17:50 - 18:50  
Student/Resident/Mentor/Programs Reception - Learning Together

18:30 - 21:00  
Awards and Appreciation Dinner

**Saturday April 11th**

7:15 - 7:50	Breakfast And Registration
7:50 - 8:00	Housekeeping with Dr. Brock
8:00 - 8:40	Trauma In Rural Hospitals
8:40 - 9:25	Socially Accountable and Community Engaged Medical Education

**9:35 - 10:45 Breakout Sessions**

600	Airway Management - Basic (2 hrs) Part 1	9:35	10:45
601	Caesarian Section Pearls For GP Surgeons	9:35	10:45
602	Rural Critical Care Module - Suturing 101 - Some Practical First Steps (Repeat - see 286)	9:35	10:45
603	Child Maltreatment - How To Recognize and What Next?	9:35	10:45
604	Rural Critical Care Module - EKG (2 hrs) Part 1	9:35	10:45
605	Rural Preceptor Session	9:35	10:45
606	Joint Injection	9:35	10:45
607	Ethical Dilemma - Ad. Abuse & Self-Care	9:35	10:45
608	Les troubles cognitifs-comportementales en psychiatrie	9:35	10:45
609	So. Doctor, Everything Is Normal! But I Am Still In Pain	9:35	10:45
610	Trauma	9:35	10:45
611	MR Lamps (To be repeated see 611)	9:35	10:45
612	Ionizing Radiation and Health	9:35	10:45
613	Mental Health And The Disability Game	9:35	10:45

10:45 - 11:00 Break

**11:00 - 12:10 Breakout Sessions**

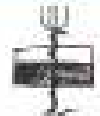
620	Airway Management - Basic (continuation - see 600)	11:00	12:10
621	The Occasional Vaginal Breech Delivery: How To Remain Calm When She Presents At 9 cm	11:00	12:10
622	Rural Critical Care Module - Basic Flaps and Tendon Repairs For The Rural GP (2 hrs) Part 1	11:00	12:10
623	Podiatric Dermatology	11:00	12:10
624	Rural Critical Care Module - EKG - Part 2 (continuation - see 604)	11:00	12:10
625	Research In A Small Town: What You Can Do	11:00	12:10
626	The Fasting Girl of Lierhemsudd - A Cautionary Tale	11:00	12:10
627	Open Access Office	11:00	12:10
628	L'approche et la prise en charge du patient intoxiqué	11:00	12:10
629	Inflammatory Arthritis Care In Indigenous Populations	11:00	12:10
630	Head Up Concussion Management In The OR and Office	11:00	12:10
631	MR Lamps (Repeat - see 611)	11:00	12:10
632	Rural Community Based Education Groups - Work In Progress	11:00	12:10
633	Personality Disorders - The Borderline Patient	11:00	12:10

12:10 - 12:20 Break

**12:30 - 13:40 Breakout Sessions**

640	ESI Pearls In Paediatrics	12:30	13:40
641	Recent Advances In The Management Of Overactive Bladder	12:30	13:40
642	Rural Critical Care Module - Basic Flaps and Tendon Repairs For The Rural GP - (continuation - see 622)	12:30	13:40
643	Exercise, Obesity and Knee Osteoarthritis	12:30	13:40
644	Student Research Projects: Their Impacts And/Or How To Support Them	12:30	13:40
645	Crossing The Lines: Teaching About Boundaries	12:30	13:40
646	SOO Prop Session	12:30	13:40
647	Prescribing Practices	12:30	13:40
648	La Maladie Coronarienne	12:30	13:40
649	Update On Disease-Specific Dietary Recommendations	12:30	13:40
650	Time Efficient Teaching Techniques	12:30	13:40
651	Status Epilepticus And Different Medication Route	12:30	13:40
652	Shamba Medical Society - A Busman's Holiday	12:30	13:40
653	The New DSM5: How It Impacts The Family Physician, How It Changes What We Do	12:30	13:40
654	ENI Emergencies - Clinical Pearls For General Practitioners	12:30	13:40

13:40 - 14:30 Lunch



**14:30 - 15:40 Breakout Sessions**

660	Rural Critical Care Module - Airway (2 hrs)	Mauro DiMatteo	12	15
661	Rural Critical Care Module - Obstetrical Emergencies: The Occasionally Delivery and Post Partum Hemorrhage (2 hrs)	Tom DiMatteo, Dipank	12	15
662	Rural Critical Care Module - Basic Flaps and Tendon Repairs For The Rural GP (2 hrs)	Shaun Johnson	12	15
663	Gastroplecty - Indications and Contraindications	Sam Wangen, Peter	2-4	15
664	Rural Critical Care Module - C Spine (2 hrs)	Mike Larson, Scott	12	15
665	Quality Improvement As Mechanism For Increasing Research Capacity and Influencing Health Policy	Ken Hadden & Matthew Greenway	12	15
666	Rural Critical Care Module - Insertion of Central Lines (2 hrs) Part 1	Anthony Wilson	12	15
667	Sustaining Work Life Balance In Rural Practice In Student Resident and Physician Perspective (2 hrs) Part 1	Debra Cooperwick, Stephanie Young & Laura Downing	12	15
668	Les Nouveaux Anticoagulants	Christa Lemay	12-3	15
669	Rheumatoid Arthritis Treatment in 2015	Cheryl Denche	1	15
670	Unusual Papers that Might Change Your Practice	Step LeJagal	12-1	15
671	Basic Ventilator Management in The ED: What To Do When You Have No ICU Backup	Heath Simpson	12-5	15
672	Rural Critical Care Module - Epiglottic and The Pediatric Airway (2 hrs) Part 1	Paulo Christie	12-10-11	15
673	Choosing Wisely - Conversations About Unnecessary Tests, Treatments and Procedures	12-5	15	
674	Low Tech Simulation In Obstetrics - From Kitchen Cupboard To Case Room	Heather Foster	12-5	15

**15:40 - 16:00 Break**

**16:00 - 17:10 Breakout Sessions**

680	Rural Critical Care Module - Airway (continuation - see 660)	Mauro DiMatteo	12	15
681	Rural Critical Care Module - Obstetrical Emergencies: The Occasionally Delivery and Post Partum Hemorrhage (continuation - see 661)	Tom DiMatteo, Dipank	12	15
682	Rural Critical Care Module - Basic Flaps and Tendon Repairs For The Rural GP - (continuation - see 662)	Shaun Johnson	12	15
683	Career Transition	Chris Cameron	12	15
684	Rural Critical Care Module - C Spine (continuation - see 664)	Mike Larson, Scott	12	15
685	Quality Improvement (QI) - Introduction to QI Principles and Practical Applications	Dr. Paul Wilson, Scott Matthew Greenway	12	15
686	(Rural Critical Care Module - Insertion of Central Lines (continuation - see 666)	Anthony Wilson	12	15
687	Sustaining Work Life Balance In Rural Practice In Student Resident and Physician Perspective (continuation - see 667)	Debra Cooperwick, Stephanie Young & Laura Downing	12	15
688	La combe de diagnostic	Rural Skill	12-3	15
689	Benign Vulvar Conditions	12-5	15	
690	Procedural Sedation - Principles & Practice (Repeat - see 460)	Christa Palmer	12	15
692	Rural Critical Care Module - Epiglottic and the Pediatric Airway (continuation - see 672)	Paulo Christie	12-10-11	15

**17:20 - 18:00**

Closing Session - Report From The Summit On Rural Generalist Medicine - Moving Forward

**19:30 - 23:00**

Mortital Saturday Night - Evening Of Entertainment, Dancing And Eats Mortital Style

**Add-on Courses**

**Monday, April 6th**

The Care Course - Day 1

**Tuesday, April 7th**

The Care Course - Day 2

CASTED: Emergency

Society Of Rural Physicians Of Canada National Council Meeting

CAEP Emergency Medicine Review Course

AME - Airway Interventions and Management in Emergencies

CALS - Comprehensive Advanced Life Support - Day 1

PALS - Day 1

**Wednesday, April 8th**

2nd World Summit On Rural Generalist Medicine - Moving Forward

CASTED: Emergency

CAEP Emergency Medicine Review Course

AME - Airway Interventions and Management in Emergencies

CALS - Day 2

PALS - Day 2

**Thursday, April 9th**

2nd World Summit On Rural Generalist Medicine - Moving Forward - Day 2

Wound Care Expertise for Physicians - Thursday

**Friday, April 10th**

Rural Critical Care Module - Paediatric Simulator Course

Wound Care Expertise for Physicians - Friday

EDE - Emergency Department Elder

**Saturday, April 11th**

POCUS-08

Rural Critical Care Module - Adult Simulator Course

**Sunday, April 12th**

La Belle BEEM - Best Evidence In Emergency Medicine - Day 1

ALARM - Advances In Labour and Risk Management - Day 1

UGEMPI Ultrasound Guided Emergency Medicine Procedures Course

**Monday, April 13th**

La Belle BEEM - Best Evidence In Emergency Medicine - Day 2

ALARM - Advances In Labour and Risk Management - Day 2

Muse (McGill) Ultrasound Evaluation Program

Le Cours EDU

**Tuesday, April 14th**

Muse (McGill) Ultrasound Evaluation Program - Day 2



# SOCIÉTÉ DE LA MÉDECINE RURALE DU CANADA SOCIETY OF RURAL PHYSICIANS OF CANADA

## 23<sup>RD</sup> ANNUAL RURAL AND REMOTE MEDICINE COURSE

## 23<sup>E</sup> COURS ANNUEL DE MÉDECINE EN RÉGIONS RURALES ET ÉLOIGNÉES



### Accommodations

The conference site is The Fairmont Queen Elizabeth located at:

900 René-Lévesque Blvd. West  
Montreal QC H3B 4A5

To book on-line visit our website at [www.srpc.ca/m2015/](http://www.srpc.ca/m2015/) and follow the accommodation link or call 1-800-441-1414.

To take advantage of the discounted room rates identify yourself as part of the Society of Rural Physicians of Canada conference.

### Registration

Online registration and more information [www.srpc.ca/m2015](http://www.srpc.ca/m2015)

email: [info@srpc.ca](mailto:info@srpc.ca) phone: 1-877-375-1999

Register for the conference prior to January 31st and you will have a chance to win free accommodations at the Fairmont Queen Elizabeth during Rural and Remote 2015.

**Planning Committee Members**  
Dr. Gordon Brock – Course Director  
Dr. Amanda Bergman  
Dr. Vanessa Candy  
Dr. Michelle Cipora  
Dr. Pierre De Moissac  
Dr. Paul Drollen

Ms. Kelly Gilmer  
Dr. David Goranson  
Dr. Peter Hutton-Czapaki  
Dr. Mousley Ibele  
Dr. Michael Jong  
Dr. Darlene Kitty  
Mr. Kevin Koopman

### Socials

#### Thursday – April 9th

- **Cocktail Reception** – Thursday, after the closing session with Dr. Roberta Bender, you are invited to a cocktail reception.
- **Jam Session** – Bring your musical instruments and join in the fun! Song sheets will be provided so everyone can participate.
- **Hockey Night at RR** – The arena has been booked for the Annual East vs. West hockey game. Bring your equipment and join us for a friendly match Thursday evening. The beer is free but the boasting rights must be earned!

#### Friday – April 10th

- **Student/Resident/Mentor Reception** – Need a rural mentor? Meet an interested learner.
- **Awards Dinner** – Join us for dinner and an evening of recognizing our peers and their dedication to rural medicine.

#### Saturday – April 11th

- **Montreal Saturday Night** – Evening of entertainment, dancing and Eys Montreal style. Music by Urockade – Live Band Karaoke. A guaranteed goodtime!

Dr. Michelle Lajrowski  
Dr. Maurice Lamarche  
Dr. Gavin Parker  
Ms. Mary Peterson  
Ms. Patricia Potter  
Dr. Martha Raspberry  
Ms. Karli Scott

Dr. John Soles  
Mrs. Laura Soles  
Dr. Kathryn Verstegen  
Dr. Mick Whittle  
Mr. Leo Teperman

## The 2<sup>nd</sup> World Summit on Rural Generalist Medicine

April 8<sup>th</sup> and 9<sup>th</sup> Montréal | [www.ruralgeneralismsummit.net](http://www.ruralgeneralismsummit.net)

### Moving Forward Together



### Aims of the Summit

The Second World Summit on Rural Generalist Medicine is a follow-up to the First Summit held in Cairns, Australia in 2013 and aims to strengthen healthcare systems in rural communities by promoting the practice of Rural Generalist Medicine.

Communities living in rural, remote and isolated areas have a just claim to effective, safe and affordable healthcare. This requires a strong 'generalist' approach to health services. In particular, rural communities typically need the services of skilled doctors who can provide a broad scope of clinical care in the rural context, working with other members of the health care team.

### Rural Generalist Medicine: Serving Communities

It is important to note that services to the community are the focus of this definition, not the health professionals. Not all doctors who work in rural communities provide such a broad scope of clinical services and nor do they need to, and not all those who do so, work in rural locations.

Rural Generalist Medicine offers an important contribution to meeting some of these challenges.

The First World Summit on Rural Generalist Medicine was held in Cairns, Australia, from October 30 to November 2 2013. It was attended by two hundred delegates from 19 countries and hosted by the Australian College of Rural and Remote Medicine and the Rural Doctors Association of Australia. The Cairns Consensus Statement on Rural Generalist Medicine records the outcomes of the Summit as finalised by an expert International Steering Group and has been endorsed by many organisations and individuals from around the world. The statement creates common principles which may be used and adapted by each country that participates as a signatory, recognizing the respective certifying, accrediting, and credentialing realities of each country.

To meet the healthcare needs of rural communities by strengthening Rural Generalist Medicine, the Cairns Consensus Statement on Rural Generalist Medicine identified three key areas for international action, these being:

1. Recognition of Rural Generalist Medicine within healthcare systems as a distinct scope of medical practice that is essential for effective rural healthcare, and that has always been a part of rural healthcare.
2. Development of training pathways to produce and support doctors who are willing and able to provide the full scope of Rural Generalist Medicine in rural communities.



# The 2<sup>nd</sup> World Summit on Rural Generalist Medicine

April 8<sup>th</sup> and 9<sup>th</sup> Montréal | [www.ruralgeneralismsummit.net](http://www.ruralgeneralismsummit.net)

## Moving Forward Together



3. Development of a strategic research agenda to advance Rural Generalist.

### Focus of the Second World Summit on Rural Generalist Medicine

The intent of the Second World Summit on Rural Generalist Medicine in Montréal is to build on the foundation work undertaken in Cairns. The focus for the Second World Summit will be on investigating and initiating 'next-steps' that will increase international, national and local commitment and momentum around Rural Generalist Medicine so as to meet the priority healthcare needs of rural communities. The Summit will flesh out the key action areas for advancing Rural Generalist Medicine: recognition, training pathways and the strategic research agenda

## Conference Objectives

By the conclusion of the 2015 Summit, participants will be able to:

1. Identify the importance and applicability of Rural Generalist Medicine in fostering health system reform to address the health of rural citizens throughout the world.
2. Apply the knowledge gained in how Rural Generalist Medicine and the contents of the Cairns Consensus are relevant to a range of contexts from low resource to high resource nations and regions, and identify how this process can be applied to reduce the unacceptable disparity between the health status of urban and rural populations throughout the world.
3. Integrate the evidence of relevant research pertaining to rurality in

supporting and extending Rural Generalist Medicine.

4. Differentiate approaches for determining communities' medical needs integrated with the concept of 'rural proofing' policies, programs, and services in and for rural communities from the perspectives of medical education and care.
5. Investigate asset based community development tools that build on strengths and assess needs, but with a very different lens than traditional needs assessments.
6. Design and apply a framework that highlights the intent and future goals of Rural Generalist Medicine.

## Rural WONCA

The Rural WONCA meeting in Dubrovnik will follow closely after the Montréal summit. Delegates may wish to attend both to maintain momentum in advancing Rural Generalist Medicine. The 23rd annual Rural and Remote conference of the Society of Rural Physicians of Canada will be occurring April 9-11, 2015 in the same venue. Delegates may also wish to participate in the rich educational and social offerings of this conference.

We hope to go beyond just words in support of Rural Generalist Medicine and come away with concrete actions to be taken home to our communities and countries.

### Wednesday April 8<sup>th</sup> AM

#### Beyond Cairns

- Welcome And Overview Of Goals Of Summit
- Generalism In Canada
- Cairns And Beyond
- Producing Rural Generalists
- Successes In Low Resource Countries
- Better Health For The Bush
- Regional Reports
- Enhanced Surgical Skills Report

### Wednesday April 8<sup>th</sup> PM

#### Community Needs – Working Together

- Asset Based Community Development
- Rural Proofing
- Training Generalists By Foreign Exchanges And Capacity Building
- Role Of Generalism In Canadian Armed Forces
- The View From Here – Cross Canada Round Up
- Work Group Sessions
- More On Asset Based Community Development
- More On Rural Proofing
- More On 'Island' Training
- The View From Up Here
- Certificate Of Added Competence And Rural Generalism

### Thursday April 9<sup>th</sup> AM

#### Training The Present and Future Generalist

- Rural Teams To Meet Community Needs
- Collaborative Leadership
- The Rural Physician Team
- Building Medical Schools In Low Resource Countries
- Generalism Training For Specialists
- Building On Family Medicine Programs
- Rural Pipelines
- The Future Generalist
- Work Group Sessions
- More On Defining Generalism
- More On Teams
- More How Does Undergraduate Medical Education Need To Change
- MOC / CPD For The Rural Generalist

### Thursday April 9<sup>th</sup> PM

#### Research In Support of Generalism

- Ten Questions That Matter To Advocating For Generalism
- Evidence For Enhanced Surgical Services Provided By Generalists
- Evidence For And Against Credentialing
- Status Of Health Care Health System Change – Time For Generalism
- Poster Session – Oral Presentations





# REGISTRATION FORM

## 23<sup>RD</sup> ANNUAL RURAL AND REMOTE MEDICINE COURSE

APRIL 9<sup>TH</sup>-11<sup>TH</sup> 2015 MONTRÉAL, QUÉBEC



Personal Details		
Name:		
<input type="checkbox"/> Dr. <input type="checkbox"/> M.D. <input type="checkbox"/> Ms. <input type="checkbox"/> Mrs. <input type="checkbox"/> Physician <input type="checkbox"/> Resident <input type="checkbox"/> Student <input type="checkbox"/> RN <input type="checkbox"/> NP <input type="checkbox"/> PA <input type="checkbox"/> EMT <input type="checkbox"/> Midwife <input type="checkbox"/> Other: _____		
Address:		
Town:	Province:	Postal Code:
E-mail:		
Tel:	Fax:	Mobile/Home:

Breakout Session Selection						
Thursday April 9th	#	1 <sup>st</sup> Choice	#	2 <sup>nd</sup> Choice	#	3 <sup>rd</sup> Choice
9:35 - 10:45						
11:00 - 12:10						
12:30 - 13:40						
14:30 - 15:40						
16:00 - 17:10						
Friday April 10th	#	1 <sup>st</sup> Choice	#	2 <sup>nd</sup> Choice	#	3 <sup>rd</sup> Choice
9:35 - 10:45						
11:00 - 12:10						
13:30 - 14:40						
15:00 - 16:10						
16:30 - 17:40						
Saturday April 11th	#	1 <sup>st</sup> Choice	#	2 <sup>nd</sup> Choice	#	3 <sup>rd</sup> Choice
9:35 - 10:45						
11:00 - 12:10						
12:30 - 13:40						
14:30 - 15:40						
16:00 - 17:10						

### I. Course Registration Fees

A) Registration Fees include: Breakfast, Lunch & Breaks

	Summit	Summit + R & R	3 days	2 days	1 day
Member**	\$700	\$1465	\$1345	\$965	\$725
Non-Member	\$850	\$1710	\$1445	\$1205	\$885
Resident / Retired / Non-MD**	\$500	\$1110	\$760	\$600	\$480
Student**	\$250	\$510	\$380	\$330	\$240

\*\* SRPC or ACRBM membership required for reduced conference rates. SRPC, ACRBM or CRPC membership required for reduced Summit rates. Follow or join the SRPC at [www.srpc.ca/membership](http://www.srpc.ca/membership)

B) Childcare - There is no charge for childcare services. Please indicate interest and email contact:

\_\_\_\_\_

C) Spousal Registration (includes breaks and access to open sessions)  \$30 Spousal Registrant Name: \_\_\_\_\_

I. Total Registration (A+C) \$ \_\_\_\_\_

### Method of Payment

Cheque (to SRPC)

Visa / MC / Amex / Discover / Diners

Card #: \_\_\_\_\_

expiry Date: \_\_\_\_\_ Amount: \_\_\_\_\_

Signature: \_\_\_\_\_

### Charges

I. Registration Fee:	\$ _____ +
II. Social Events:	\$ _____ +
III. Add-on Course Registration (from reverse side)	\$ _____ +
IV + V + VI:	\$ _____ =
14.97% GST/DST on above:	\$ _____ +
Subtotal:	\$ _____ =

### II. Social Events

(See online for more information)

Hockey Night at 1800 @ \$10	\$ _____ +
Friday Awards Dinner @ \$90	\$ _____ +
Residents/Students @ \$45	\$ _____ +
Montreal Saturday Night At 1800 @ \$80	\$ _____ +
Residents/Students @ \$25	\$ _____ +

II. Social Events Total \$ \_\_\_\_\_ =

**R&R Cancellation Policy:** Notification must be received prior to the event to qualify for either: full credit applied to future SRPC event or membership dues or refund less a \$75 administration fee.

### Total

III. Travel Subsidy/Donation (from reverse side)	\$ _____ +/-
Total (Subtotal + III +/- IV)	\$ _____ =
Less Deposit Paid	\$ _____ -
Amount Due:	\$ _____ =
Add My SRPC Membership Dues <input type="checkbox"/>	

### III. Travel Subsidy

The SRPC is offering a subsidy of \$100 to unfunded residents or students traveling from out of region. Those eligible may claim it here or those wishing to assist with this subsidy may make a donation.

Travel Subsidy(-)  / Donation(+) \$ \_\_\_\_\_

### IV. Contact

**Please transfer amounts to reverse side and send to:**

SRPC - RR2014, Box 893, Shawville QC, J0X 2Y0 - or - Fax: (819) 647-2485  
- or - Email: [info@srpc.ca](mailto:info@srpc.ca)

**Course Information and Online Registration:**

[www.srpc.ca/RR2015](http://www.srpc.ca/RR2015) - or - Phone 1-877-276-1949

### V. Add-on Courses Before, During and After Rural & Remote - (Course Prices Subject to GST/QST)

As a service to R&R attendees we offer these limited enrollment courses - registration priority will be given to those attending R&R

#### MONDAY APRIL 6<sup>TH</sup> - TUESDAY APRIL 7<sup>TH</sup> (2 DAYS)

**The Care Course — Comprehensive Approaches To Rural Emergencies** - This is a two day course for rural physicians, nurses and paramedics providing hands-on education in a fun, warm and supportive learning environment. Sponsored by RCCbc...Created by, for and with rural practitioners across Canada. [www.thecarecourse.ca](http://www.thecarecourse.ca)  
Physicians Members - \$1550 | Physicians Non-Members — \$1900 | Nurses—\$200 | Paramedics—\$100  Sign me up

#### TUESDAY APRIL 7<sup>TH</sup> OR WEDNESDAY APRIL 8<sup>TH</sup> (1 DAY REPEATED)

**CASTED: Emergency** - The 'hands-on' ED orthopaedics course. It is a full-day, MainPro-C accredited course, designed specifically for ED physicians and staff. [www.casted.ca](http://www.casted.ca)  
Physicians - \$865 | Nurses - \$735 | Student / Residents - \$640  Sign me up for April 7<sup>th</sup>  Sign me up for April 8<sup>th</sup>

**AIME — Airway Interventions and Management in Emergencies** - THE AIME PROGRAM has been providing valued and practical hands-on airway management learning experiences for clinicians around the world for over 14 years.

Information and registration at: <http://caep.ca/cpd/cme/roadshows-current-cme/aime>

#### TUESDAY APRIL 7<sup>TH</sup> - WEDNESDAY APRIL 8<sup>TH</sup> (2 DAYS)

**CAEP Emergency Medicine Review Course** - The CAEP EM Review course is a comprehensive review of emergency medicine highlighting hot topics and controversies. This course will serve as a review, an update, or a vehicle towards revalidation.

Information and registration at: <http://caep.ca/EM-Review>

**CALS — Comprehensive Advanced Life Support** - CALS (Comprehensive Advanced Life Support) is an educational program designed specifically for the emergency medical training needs of rural healthcare teams.

Physicians Only — \$1450

Sign me up

**PALS** - The Paediatric Advanced Life Support (PALS) Provider Course is designed to aid the paediatric healthcare provider in developing the knowledge and skills necessary to efficiently evaluate and effectively manage seriously ill infants and children.

Physicians & Residents— \$950

(registration form available at [www.srpc.ca/rr2015/palsregform.pdf](http://www.srpc.ca/rr2015/palsregform.pdf))

#### THURSDAY APRIL 9<sup>TH</sup> OR FRIDAY APRIL 10<sup>TH</sup> (1 DAY REPEATED)

**Wound Care Expertise for Physicians - Thursday or Fri** - This is a "hands on" seminar with 6 Mainpro C credits awarded. The session teaches practitioners how to effectively prevent and treat leg ulcers, diabetic foot ulcers/infections and pressure wounds.

All Welcome — \$450

Sign me up for Thursday  Sign me up for Friday

#### FRIDAY APRIL 10<sup>TH</sup>

**Rural Critical Care Module — Paediatric Simulator Course** - Hands on — MainProC — Goal: Through simulation prepare health providers to provide care of critically ill paediatric patients in rural and remote communities.

Physicians & Residents — \$300

Sign me up

**EDE — Emergency Department Echo** - Beginning in 2001, the EDE - ED Echo course has been taught over 700 times to over 10,000 Canadian physicians. Its use has become the standard of care in large trauma centers, remote settings and in Canadian Forces combat units. <https://www.edecourse.com/>

Physicians - \$1,500

Sign me up

#### SATURDAY APRIL 11<sup>TH</sup>

**POCUS-OB** - The Third Trimester Point-of-Care Ultrasound Course (POCUS-OB) was designed for rural physicians who provide maternity care. Participants in the course dramatically improve their management of patients in the third trimester through a series of mini-lectures and hands-on ultrasound sessions with third trimester patients.

Physicians — \$1125 | Residents—\$765

Sign me up

**Rural Critical Care Module — Adult Simulator Course** - Hands-on — MainProC — Goal: Through simulation allow teams of health providers to improve in the care of critically ill patients in rural and remote communities.

Physicians & Residents — \$300

Sign me up

#### SUNDAY APRIL 12<sup>TH</sup>

**UGEMP: Ultrasound Guided Emergency Medicine Procedures Course** - Don't miss this opportunity to acquire and advance your bedside ultrasound skills using live human models and highly realistic simulation task trainers with the guidance of experienced faculty. <http://ubccpd.ca/course/ugemp-may23>

Physicians & Residents — \$560 per half day

Full Day |  Half Day AM  |  Half Day PM

#### SUNDAY APRIL 12<sup>TH</sup> - MONDAY APRIL 13<sup>TH</sup> (2 DAYS)

**La Belle BEEM — Best Evidence In Emergency Medicine** - The BEEM Course is a 12-hour interactive continuing medical education program created by our medical education research team for all emergency physicians with an interest in being up-to-date on the most recent emergency medicine-related studies and how to understand and evaluate the evidence behind the results. <http://fhs.mcmaster.ca/emergmed/boem.htm>

Physicians — \$875 | Residents — \$700

Sign me up

**ALARM — Advances In Labour and Risk Management** - The Society of Obstetricians and Gynaecologists of Canada (SOGC) places the utmost importance on improving intrapartum care, from the process to its outcomes. One way to achieve that objective is through offering continuing education programs like the ALARM course (Advances in Labour and Risk Management). <http://sogc.org/events/advances-in-labour-and-risk-management/welcome/>

Physicians — \$1475 | Residents — \$990

Sign me up

#### MONDAY APRIL 13<sup>TH</sup>

**Le Cours ÉDU** - À partir de 2001, le cours ÉDU - Écho au DU a été enseigné plus de 700 fois à plus de 10.000 médecins canadiens. Son utilisation est devenue la norme dans les grands centres de traumatologie, les régions éloignées et dans les unités de combat des Forces canadiennes. <https://www.edecourse.com/fr/>

Physicians — \$1500

Sign me up

#### MONDAY APRIL 13<sup>TH</sup> & TUESDAY APRIL 14<sup>TH</sup> (2 DAYS)

**MUSE (McGill Ultrasound Evaluation Program)** - The primary care clinician is faced with a wide variety of clinical scenarios for which bedside ultrasound can assist in diagnoses, therapeutics, management, procedures, and ultimately, improved patient outcomes.

[https://course-mcgill.ca/web/index.php?option=com\\_content&view=article&id=98&Itemid=522](https://course-mcgill.ca/web/index.php?option=com_content&view=article&id=98&Itemid=522)

Physicians — \$2200 | Residents — \$1000 | Students — \$600

(registration form available at [www.srpc.ca/rr2015/museregform.pdf](http://www.srpc.ca/rr2015/museregform.pdf))

